# Beginner's Guide to Finding Your Perfect Golf Grip

## Key Concepts Covered

- There are three main grip types: overlapping, interlocking, and 10-finger.
- The overlapping grip places the trailing hand's pinky over the lead hand's index finger-ideal for control and connection.
- The interlocking grip intertwines the pinky and index fingers-great for golfers with smaller hands.
- The 10-finger grip puts all fingers on the club-simple and often preferred by beginners.
- The club should rest in your fingers-not your palms-for better feel and control.
- Experiment with all three to see what feels most natural and repeatable.

## Pro Tips

- Comfort matters most-especially when playing golf for business.
- A secure but relaxed grip improves consistency and confidence.
- You don't need the textbook grip-you need your grip that works under pressure.

**Next Step: Watch the 'Perfect Golf Grip' video in your Golf4Biz Learning Center**