Pitching & Sand Wedge Ball Position Drill

Setup

Start with the ball in the center of your stance or just slightly behind. Use alignment sticks to check your setup—one along your feet and one down the target line.

Swing Cue

Focus on a controlled, descending strike. These are scoring clubs, so keep the swing compact. Your priority is ball-first contact—then a small divot.

What to Notice

This drill grooves crisp, consistent contact with wedges. There’s some flexibility in ball position, but impact should always be firm, controlled, and reliable.

Next: Go to '30-Yard Sand Wedge Shot' -> Scoring Control & Strike