Three Alignment Stick Drill

Setup

Lay down two alignment sticks perpendicular to your target line—one just outside your toes, the other running through the ball. Then place a third stick a few yards ahead, directly down your target line.

Swing Cue

Use the front stick as your start line. If your clubface is square and your swing path is neutral, your ball should launch directly over that stick.

What to Notice

This setup gives you instant feedback on ball position, alignment, and start direction. It's a simple drill—but the consistency it builds is game-changing.

Next: Go to 'Alignment Stick Extension Drill' -> Rotation & Connection